



# Interim Guidelines for Cleaning and Disinfection of COVID-19 (Coronavirus Disease 2019) in Residences

*Guidance for environmental cleaning of residences that may be exposed to the COVID-19*

## Items you will need:



Disposable gloves



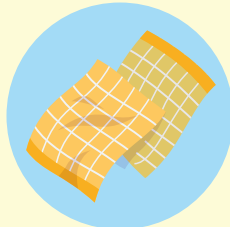
Surgical mask



Change of clothes



Plastic/ trash bags



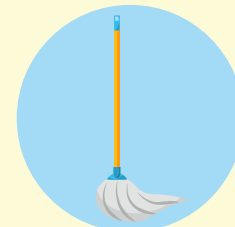
Disposable cloths/ rags



Bleach/ disinfectant



Water and pail



Mop

## How to clean/ disinfect:

- 1 Put on mask and gloves. Do not touch your face further.
- 2 Prepare bleach solution/ disinfectant, according to manufacturers' instructions.
- 3 Open windows.
- 4 Mop floor with bleach solution/ disinfectant, from one end to the other.
- 5 Soak cloths in bleach solution/ disinfectant, and use to wipe all frequently touched areas and toilet surfaces.
- 6 Wash all bed linen with detergent in a washing machine.
- 7 If person is being tested for the COVID-19, do not use the bedding that he/ she has used, until he/ she is determined to be free of infection.
- 8 Repeat mopping, as before.
- 9 Put all used cloths/ rags and other waste into double-lined plastic/ trash bags.
- 10 Remove gloves and wash your hands with soap and water.
- 11 Remove mask and wash your hands with soap and water.
- 12 Put used gloves and mask into double-lined plastic/ trash bags.
- 13 Separate plastic/ trash bags generated from the clean-up from other household waste, and throw them away as regular waste, as soon as possible.
- 14 Shower and change clothes immediately.
- 15 Air/ ventilate your home.

*Contact NEA at 1800-2255632 for further instructions if the person is tested positive for COVID-19 infection.*

For more information, please visit [www.nea.gov.sg/environmental-cleaning-guidelines](http://www.nea.gov.sg/environmental-cleaning-guidelines)

**#7HygieneHabits #FightCOVID19 #SGUnited #SGClean**



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