Interim Guidelines for Cleaning and Disinfection of COVID-19 (Coronavirus Disease 2019) in Residences

Guidance for environmental cleaning of residences that may be exposed to the COVID-19

Items you will need:

1. Disposable gloves
2. Surgical mask
3. Change of clothes
4. Plastic/ trash bags
5. Disposable cloths/ rags
6. Bleach/ disinfectant
7. Water and pail
8. Mop

How to clean/ disinfect:

1. Put on mask and gloves. Do not touch your face further.
2. Prepare bleach solution/ disinfectant, according to manufacturers' instructions.
3. Open windows.
4. Mop floor with bleach solution/ disinfectant, from one end to the other.
5. Soak cloths in bleach solution/ disinfectant, and use to wipe all frequently touched areas and toilet surfaces.
6. Wash all bed linen with detergent in a washing machine.
7. If person is being tested for the COVID-19, do not use the bedding that he/ she has used, until he/ she is determined to be free of infection.

Contact NEA at 1800-2255632 for further instructions if the person is tested positive for COVID-19 infection.

8. Repeat mopping, as before.
9. Put all used cloths/ rags and other waste into double-lined plastic/ trash bags.
10. Remove gloves and wash your hands with soap and water.
11. Remove mask and wash your hands with soap and water.
12. Put used gloves and mask into double-lined plastic/ trash bags.
13. Separate plastic/ trash bags generated from the clean-up from other household waste, and throw them away as regular waste, as soon as possible.
14. Shower and change clothes immediately.
15. Air/ ventilate your home.

For more information, please visit www.nea.gov.sg/environmental-cleaning-guidelines

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