

Hygiene Tips

How to remove used and contaminated gloves



1 Pinch one glove at the wrist level to remove it

2 Peel away from the hand and turn the glove inside out

3 Remove the first glove without touching the skin of the hand



4 Hold the removed glove in the gloved hand

5 Slide the fingers of the ungloved hand between the glove and wrist

6 Remove second glove by rolling it down the hand and folding into the first glove

7 Discard the removed gloves

To ensure a high level of public hygiene, NEA has released guidelines and advisories to guide owners of premises, business operators and residents on cleaning and sanitation matters.

For places that may be exposed to the COVID-19 (Coronavirus Disease 2019), interim guidelines and household products for effective disinfection can be found at www.nea.gov.sg/environmental-cleaning-guidelines.



#7HygieneHabits #FightCOVID19 #SGUnited #SGClean